

OCTOBER
2020



Danville High School
Lunch Menu



What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Cheese or Pepperoni Pizza

Up For Grabs:
Select Salads with Dinner Roll
Assortment of Wraps
Grab & Go
Craveables



Lunch Prices
Student - **Free**
Adult \$3.75

General Manager- Bob Lauck
Phone Number-(570)271-3268 ext.2126
Email- metz@danvillesd.org

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>28 No School</p>	<p>29 Twin Beef Tacos Spanish Rice or Chicken Nuggets Pretzel Stick Featured Veggies: Refried Beans Lettuce & Tomato Choice of Fruit Choice of Milk</p>	<p>30 Smothered Pierogies with a Dinner Roll or BBQ Ribby On a Bun Featured Veggies: Corn on the Cob Curley Fries Choice of Fruit Choice of Milk</p>	<p>1 Steak Gyro On Flat Bread or Pulled Pork On a Bun Featured Veggies: Sweet Potato Fries Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>2 Macaroni & Cheese Garlic Bread Stick or Turkey Philly Melt On a Bun Featured Veggies: Stewed Tomatoes Italian Salad Choice of Fruit Choice of Milk</p>
<p>5 Chicken Alfredo Garlic Bread Stick or Monte Cristo Sandwich on French Toast Featured Veggies: Cheesy Broccoli Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>6 Chicken & Cheese Quesidilla On a Soft Tortilla or Cheese Pizza Sticks with dipping sauce Featured Veggies: French Fries Baked Beans Choice of Fruit Choice of Milk</p>	<p>7 Italian Sausage & Peppers On a Roll or Chicken, Bacon & Cheese Club On a Roll Featured Veggies: Curley Fries Red & Green Pepper Strips Choice of Fruit Choice of Milk</p>	<p>8 Loaded Tater Tot Bowl with a Dinner Roll or Buffalo Chicken Sandwich On a Bun Featured Veggies: Steamed Corn Tater Tots Choice of Fruit Choice of Milk</p>	<p>9 Fish Sticks with a Dinner Roll or Ironmen Cheeseburger On a Bun Featured Veggies: Oven Fries Baby Carrots Choice of Fruit Choice of Milk</p>
<p>12 Salisbury Steak Buttered Noodles or Chicken Nuggets Pretzel Stick Featured Veggies: Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk</p>	<p>13 Cheesy Beefy Mac with a Dinner Roll or BBQ Pulled Pork On a Bun Featured Veggies: Chick Pea Salad French Fries Choice of Fruit Choice of Milk</p>	<p>14 Sweet & Sour Chicken Over Rice or Grilled Turkey & Cheese Sandwich Featured Veggies: Curley Fries Steamed Broccoli Choice of Fruit Choice of Milk</p>	<p>15 Buffalo Chicken Mac & Cheese Garlic Bread Stick or BBQ Ribby On a Bun Featured Veggies: Tater Tots Caesar Salad Choice of Fruit Choice of Milk</p>	<p>16 Jacked Up Ironmen Fries Pretzel Stick or Italian Meatballs & Cheese On a Roll Featured Veggies: Roasted Zucchini Baby Carrots Choice of Fruit Choice of Milk</p>
<p>19 French Toast Sticks w/ Sausage Patty or Turkey Corn Dog Featured Veggies: Sweet Potato Fries Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>20 Philly Steak & Cheese On a Roll or Grilled Chicken & Cheese On a Roll Featured Veggies: French Fries Red & Green Pepper Strips Choice of Fruit Choice of Milk</p>	<p>21 Penne Pasta & Meat Sauce Garlic Bread Stick or Monte Cristo Sandwich on French Toast Featured Veggies: Green Beans Caesar Salad Choice of Fruit Choice of Milk</p>	<p>22 General Tso Chicken Over Rice or Italian Meatballs & Cheese On a Roll Featured Veggies: Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk</p>	<p>23 Italian Pizza Dunkers with Sauce or Chicken Nachos Tortilla Chips Featured Veggies: Black Bean Salsa Lettuce & Tomato Choice of Fruit Choice of Milk</p>
<p>26 Grilled Chicken Club Sandwich On a Roll or Turkey Corn Dog Featured Veggies: Sweet Potato Fries Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>27 Walking Tacos Tortilla Chips or Hot Ham and Cheese On a Pretzel Roll Featured Veggies: Refried Beans Lettuce & Tomato Choice of Fruit Choice of Milk</p>	<p>28 Popcorn Chicken Bowl or BBQ Ribby On a Roll Featured Veggies: Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk</p>	<p>29 Penne Pasta & Meat Balls Garlic Bread Stick or Chicken Tender Fritters with a Dinner Roll Featured Veggies: Potato Wedges Caesar Salad Choice of Fruit Choice of Milk</p>	<p>30 No School</p>