



DANVILLE LIBERTY VALLEY SCHOOL LUNCH MENU



What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:
 PB&J Jamwich with
 String Cheese & Graham Snack
 Assorted Deli Sandwich Selection
 Select Salads w/ roll
 Fruit & Yogurt Lunch Pack w/Graham Snack & String Cheese

Look for Positive Plantain for sampling days



Lunch Prices
 Student \$2.30
 Reduced \$.40
 Adult \$3.75

General Manager
 Bob Lauck
Phone Number
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Email
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Penne Pasta & Meatballs Garlic Bread Stick or Chicken Patty On a Bun Featured Veggies: Sweet Peas Sweet Potato Fries Choice of Fruit Choice of Milk	30 Italian Sausage & Peppers On a Roll or Cheeseburger On a Roll Featured Veggies: Baked Beans Curley Fries Choice of Fruit Choice of Milk	1 Cheese Raviolis Garlic Bread Stick or Chicken Nuggets with a Dinner Roll Featured Veggies: Green Beans Steamed Carrots Choice of Fruit Choice of Milk	2 Sweet & Sour Popcorn Chicken Over Rice or BBQ Ribby On a Roll Featured Veggies: Cucumber Slices Broccoli Choice of Fruit Choice of Milk	3 Hot Ham & Cheese On a Pretzel Roll or Cheese Pizza Featured Veggies: Potato Wedges Baby Carrots Choice of Fruit Choice of Milk
6 Salisbury Steak Over Noodles or Chicken Patty On a Bun Featured Veggies: Green Peas Mashed Potatoes Choice of Fruit Choice of Milk	7 Roasted Pork with sauerkraut or Cheeseburger On a Roll Featured Veggies: Chick Pea Salad Cheesy Broccoli Choice of Fruit Choice of Milk	8 Cheesy Beefy Mac Garlic Bread Stick or Chicken Nuggets with a Dinner Roll Featured Veggies: Italian Salad Steamed Carrots Choice of Fruit Choice of Milk	9 Chicken & Gravy Over a Biscuit or BBQ Ribby On a Roll Featured Veggies: Sweet Potato Waffle Fries Romaine Salad Choice of Fruit Choice of Milk	10 Chicken Parmesan On a Roll or Pepperoni Pizza Featured Veggies: French Fries Baby Carrots Choice of Fruit Choice of Milk
13 Egg, Ham & Cheese On a Croissant or Chicken Patty On a Bun Featured Veggies: Hash Brown Potato Triangle Baby Carrots Choice of Fruit Choice of Milk	14 Popcorn Chicken Bowl or Cheeseburger On a Roll Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	15 Twin Tacos Tortilla Chips or Chicken Nuggets with a Dinner Roll Featured Veggies: Refried Beans Lettuce & Diced Tomatoes Choice of Fruit Choice of Milk	16 Macaroni & Cheese Pretzel Stick or BBQ Ribby On a Roll Featured Veggies: Green Peas Stewed Tomatoes Choice of Fruit Choice of Milk	17 Pulled BBQ Pork On a Roll or Stuffed Crust Pizza Featured Veggies: Cheesy Broccoli Cucumber Slices Choice of Fruit Choice of Milk
20 Meatballs & Cheese On a Bun or Chicken Patty On a Bun Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk	21 Philly Cheese Steak On a Bun or Cheeseburger On a Roll Featured Veggies: French Fries Steamed Carrots Choice of Fruit Choice of Milk	22 French Toast Sticks with sausage patties or Chicken Nuggets with a Dinner Roll Featured Veggies: Tater Tots Chick Pea Salad Choice of Fruit Choice of Milk	23 Penne Pasta & Meat Sauce Garlic Bread Stick or BBQ Ribby On a Roll Featured Veggies: Sweet Potato Fries Baby Carrots Choice of Fruit Choice of Milk	24 Fish Sandwich On a Roll or Pepperoni Pizza Featured Veggies: Cucumber Slices Smiley Fries Choice of Fruit Choice of Milk
27 NO SCHOOL 	28 Southern BBQ Pork On a Roll or Cheeseburger On a Roll Featured Veggies: Green Peas Glazed Carrots Choice of Fruit Choice of Milk	29 Walking Taco Tortilla Chips or Chicken Nuggets with a Dinner Roll Featured Veggies: Refried Beans Spanish Rice Choice of Fruit Choice of Milk	30 Chicken Alfredo over Penne Garlic Bread Stick or BBQ Ribby On a Roll Featured Veggies: Baby Carrots Romaine Salad Choice of Fruit Choice of Milk	31 Sloppy Joe On a Roll or Stuffed Crust Pizza Featured Veggies: Curley Fries Ceasar Salad Choice of Fruit Choice of Milk