

March/April
2024



Metz
CULINARY MANAGEMENT

Danville High School 23-24

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers



Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options May Include:
PB&J w/ Vegetable & Fruit
Assorted Wraps
Pizza
Yogurt Craveable w/ Goldfish Snack & String Cheese

USDA is an equal opportunity provider and employer.

Lunch Prices
Student \$2.50
Reduced \$.40
Adult \$4.75

Metz General Manager
Sandra L. Robinson
570-271-3268 Ext. 2126
Email - metz@danvillesd.org

Monday 3/4/2024	Tuesday 3/5/2024	Wednesday 3/6/2024	Thursday 3/7/2024	Friday 3/8/2024
Pasta with Meat Sauce & Garlic Bread Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Taquitos with Queso Featured Veggies: Mexican Potato Puffs Fresh Vegetables Choice of Fruit Choice of Milk	Buffalo Wings Featured Veggies: Waffle Fries Fresh Vegetables Choice of Fruit Choice of Milk	Turkey & Pepperjack Grilled Chicken w/Spicy Aioli Featured Veggies: Seasoned French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Italian Dunkers Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
Chicken Alfredo Featured Veggies: Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	Walking Tacos Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken Bowl Featured Veggies: Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chicken, Bacon, & Cheese on a Pretzel Roll Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Mac & Cheese Featured Veggies: Peas & Carrots Fresh Vegetables Choice of Fruit Choice of Milk
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
Hot Honey Chicken on a Biscuit Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	Chicken & Cheese Quesadilla Featured Veggies: Medacala Corn Fresh Vegetables Choice of Fruit Choice of Milk	Salisbury Steak over Buttered Noodles Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Fries Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Smothered Pierogies with Dinner Roll Featured Veggies: Cheesy Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
Pulled Pork Corn on the Cob Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Totchos (Mexican inspired Tator Tot Nachos) Featured Veggies: Cilantro Lime Slaw Fresh Vegetables Choice of Fruit Choice of Milk	Italian Sausage Sandwich W/ Peppers and Onions Featured Veggies: Curly Fries Fresh Vegetables Choice of Fruit Choice of Milk	Philly Cheesesteak Featured Veggies: Cheesy Zucchini Bake Fresh Vegetables Choice of Fruit Choice of Milk	
4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024
		Loaded Mac & Cheese Garlic Bread Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Nuggets with a Dinner Roll Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	Buffalo Chicken Dip Tortilla Chips Featured Veggies: Chef's Choice Fresh Vegetables Choice of Fruit Choice of Milk