

March/April
2024



Metz
CULINARY MANAGEMENT

Danville Middle School 23-24

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options May Include:
PB&J w/ Vegetable & Fruit

Assorted Salads




Assorted Pizza

Yogurt Craveable w/ Goldfish Snack & String Cheese

USDA is an equal opportunity provider and employer.

Lunch Prices
Student \$2.50
Reduced \$.40
Adult \$4.75

Metz General Manager
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Monday 3/4/2024	Tuesday 3/5/2024	Wednesday 3/6/2024	Thursday 3/7/2024	Friday 3/8/2024
Salisbury Steak w/Roll Chicken Alfredo over Pasta Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Steak & Cheese Gyro Chicken Parm on Roll Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Pasta w/ Meat Saucew/Br. Stick Monte Cristo Sandwich on Fr.Tst. Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	General Tso's Chix over Rice Meatball & Cheese Hoagie Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Chix Nachos on Soft Tortilla Italian Dunkers w/ Sauce Featured Veggies: Sweet Potato Fries Fresh Vegetables Choice of Fruit Choice of Milk
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
BBQ Chix Sandwich on Bun Turkey Corn Dog w/Pretzel Stk Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Walking Taco w/Tortilla Chips Grilled Ham&Cheese Pretzel Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chix Bowl w/Roll BBQ Ribby on Bun Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Buffalo Chicken Flatbread Chix Nuggetsw/ Pretzel Stick Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Toasted Cheese Sandwich Lasagna Rollupsw/Br, Stk. Featured Veggies: Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
Chicken Quesadilla BBQ Pulled Pork Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Nacho Grande w/ Tortillas Chix Bacon & Cheese on Bun Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Hot Dog on Bun Egg,Ham&Cheese Croissant Featured Veggies: Cucumber Salad Fresh Vegetables Choice of Fruit Choice of Milk	Stuffed Shells w/Bread Stick Chix Cordon Blueon Roll Featured Veggies: Roasted Zucchini Fresh Vegetables Choice of Fruit Choice of Milk	Pierogies with Dinner Roll Chix Parm on Bun Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
Sweet & Sour Chix over Rice Sloppy Joe Sandwich Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Twin Tacos w/ Tortilla Chips Monte CristoSand. On Fr. Tst. Featured Veggies: Mexicala Corn Fresh Vegetables Choice of Fruit Choice of Milk	Tator Tot Casserole w/ Roll Pulled Pork Chimichurri on Fibrd Featured Veggies: Green Beans Fresh Veggies Choice of Fruit Choice of Milk	Chix & Waffles w/ Gravy Cheeseburger w/ Bun Featured Veggies: Glazed Carrots Fresh Veggies Choice of Fruit Choice of Milk	
4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024
		Sausage & Peppers on Bun Chicken Nuggets with Roll Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Meatloaf Chix Bacon & Cheese on Bun Featured Veggies: Mashed Potatoes Fresh Vegetables Choice of Fruit Choice of Milk	Macaroni & Cheese w/Roll BBQ Ribby on Bun Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk