

April/May
2024



Metz
CULINARY MANAGEMENT

Danville High School 23-24

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options May Include:
PB&J w/ Vegetable & Fruit

Assorted Wraps

Pizza

Yogurt Craveable w/ Goldfish Snack & String Cheese

USDA is an equal opportunity provider and employer.

Lunch Prices
Student \$2.50
Reduced \$.40
Adult \$4.75

Metz General Manager
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Monday 4/8/2024	Tuesday 4/9/2024	Wednesday 4/10/2024	Thursday 4/11/2024	Friday 4/12/2024
Pasta w/ Meatballs w/ Garlic Bread Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit	Chicken Taquitos with Queso Featured Veggies: Mexican Potato Puffs Fresh Vegetables Choice of Fruit	Buffalo Wings Featured Veggies: Waffle Fries Fresh Vegetables Choice of Fruit Choice of Milk	Pepperjack Grilled Chicken w/Spicy Aioli Featured Veggies: Seasoned French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Italian Dunkers Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024
Chicken Alfredo Featured Veggies: Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	Walking Tacos Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken Bowl Featured Veggies: Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chicken, Bacon, & Cheese on a Pretzel Roll Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Mac & Cheese Featured Veggies: Peas & Carrots Fresh Vegetables Choice of Fruit Choice of Milk
4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
Hot Honey Chicken on a Biscuit Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	Chicken & Cheese Quesadilla Featured Veggies: Medacala Corn Fresh Vegetables Choice of Fruit Choice of Milk	Salisbury Steak over Buttered Noodles Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Fries Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Smothered Pierogies with Dinner Roll Featured Veggies: Cheesy Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Pulled Pork Corn on the Cob Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Totchos (Mexican inspired Tator Tot Nachos) Featured Veggies: Cilantro Lime Slaw Fresh Vegetables Choice of Fruit Choice of Milk	Italian Sausage Sandwich W/ Peppers and Onions Featured Veggies: Curly Fries Fresh Vegetables Choice of Fruit Choice of Milk	Philly Cheesesteak Featured Veggies: Cheesy Zucchini Bake Fresh Vegetables Choice of Fruit Choice of Milk	General Tso's Chicken Over Rice Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Chicken Bacon Ranch Cheesesteak Featured Veggies: Steamed Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	Steak Burrito Bowl Featured Veggies: Corn & Black Beans Fresh Vegetables Choice of Fruit Choice of Milk	Loaded Mac & Cheese Garlic Bread Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Jalepeno Pepper Chicken Flatbread Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Buffalo Chicken Dip Tortilla Chips Featured Veggies: Chef's Choice Fresh Vegetables Choice of Fruit Choice of Milk