

High School Breakfast Menu April/May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
4/8/24	4/9/24	4/10/24	4/11/24	4/12/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Breakfast Pizza or Assorted Cereals with additional grain choice	Dutch Waffle or Assorted Cereals with additional grain choice	Breakfast Corn Dog or Assorted Cereals with additional grain choice	Breakfast Sandwich or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/15/24	4/16/24	4/17/24	4/18/24	4/19/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Bagels with Creamed Cheese or Assorted Cereals with additional grain choice	Dutch Waffle or Assorted Cereals with additional grain choice	French Toast with Syrup or Assorted Cereals with additional grain choice	Breakfast Sandwich or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/22/24	4/23/24	4/24/24	4/25/24	4/26/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Breakfast Pizza or Assorted Cereals with additional grain choice	Dutch Waffle or Assorted Cereals with additional grain choice	Breakfast Corn Dog or Assorted Cereals with additional grain choice	Breakfast Sandwich or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/29/24	4/30/24	5/1/24	5/2/24	5/3/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Bagels with Creamed Cheese or Assorted Cereals with additional grain choice	Dutch Waffle or Assorted Cereals with additional grain choice	French Toast with Syrup or Assorted Cereals with additional grain choice	Breakfast Sandwich or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Breakfast Pizza or Assorted Cereals with additional grain choice	Dutch Waffle or Assorted Cereals with additional grain choice	Breakfast Corn Dog or Assorted Cereals with additional grain choice	Breakfast Sandwich or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

What is a Meal?

You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein
 Choice of fruit or vegetable
 (must take at least a 1/2 cup)
 and
 Choice of Milk
 Choice of Milk - 1% white, fat-free chocolate

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
 Trix
 Cocoa Puffs
 Fruity Cheerios
 Rice Crunch
 Kix
 Cheerios
 Fruit Loops
 Frosted Flakes



General Manager

Phone

Email

Fax

USDA is an equal opportunity provider and employer.