

April/May
2024



Metz
CULINARY MANAGEMENT

Danville Middle School 23-24

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options May Include:
PB&J w/ Vegetable & Fruit

Assorted Salads

Assorted Pizza

Yogurt Craveable w/ Goldfish Snack & String Cheese

USDA is an equal opportunity provider and employer.

Lunch Prices
Student \$2.50
Reduced \$.40
Adult \$4.75

Metz General Manager
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Monday 4/8/2024	Tuesday 4/9/2024	Wednesday 4/10/2024	Thursday 4/11/2024	Friday 4/12/2024
Salisbury Steak w/Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Parm on Roll Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Pasta w/ Meat Saucew/Br. Stick Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Meatball & Cheese Hoagie Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Italian Dunkers w/ Sauce Featured Veggies: Sweet Potato Fries Fresh Vegetables Choice of Fruit Choice of Milk
4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024
BBQ Chix Sandwich on Bun Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Grilled Ham&Cheese Pretzel Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chix Bowl w/Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chix Nuggetsw/ Pretzel Stick Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Toasted Cheese Sandwich Featured Veggies: Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk
4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
Chicken Quesadilla Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Nacho Grande w/ Tortillas Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	Egg,Ham&Cheese Croissant Featured Veggies: Cucumber Salad Fresh Vegetables Choice of Fruit Choice of Milk	Stuffed Shells w/Bread Stick Featured Veggies: Roasted Zucchini Fresh Vegetables Choice of Fruit Choice of Milk	Pierogies with Dinner Roll Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
Sweet & Sour Chix over Rice Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Twin Tacos w/ Tortilla Chips Featured Veggies: Mexicala Corn Fresh Vegetables Choice of Fruit Choice of Milk	Tator Tot Casserole w/ Roll Featured Veggies: Green Beans Fresh Veggies Choice of Fruit Choice of Milk	Cheeseburger w/ Bun Featured Veggies: Glazed Carrots Fresh Veggies Choice of Fruit Choice of Milk	Chicken Nuggets Featured Veggies: Steamed Mixed Veggies Fresh Veggies Choice of Fruit Choice of Milk
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Turkey Corn Dog Featured Veggies: Fries Fresh Vegetables Choice of Fruit Choice of Milk	BBQ Pulled Pork Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Nuggets with Roll Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Meatloaf Featured Veggies: Mashed Potatoes Fresh Vegetables Choice of Fruit Choice of Milk	Macaroni & Cheese w/Roll Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk