

Middle School Breakfast Menu April/May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
4/8/24	4/9/24	4/10/24	4/11/24	4/12/24
Mini Pancakes w/ Syrup or Assorted Cereals with additional grain choice	Yogurt Parfait or Assorted Cereals with additional grain choice	Bagel w/ Creamed Cheese or Assorted Cereals with additional grain choice	Dutch Waffle w/ Syrup or Assorted Cereals with additional grain choice	Ham Egg & Cheese on Croissant or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/15/24	4/16/24	4/17/24	4/18/24	4/19/24
Ham Egg & Cheese Bagel or Assorted Cereals with additional grain choice	Breakfast Pizza or Assorted Cereals with additional grain choice	French Toast Sticks w/ Syrup or Assorted Cereals with additional grain choice	Waffles With Syrup or Assorted Cereals with additional grain choice	Sausage Egg & Cheese on Bagel or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/22/24	4/23/24	4/24/24	4/25/24	4/26/24
Mini Pancakes w/ Syrup or Assorted Cereals with additional grain choice	Yogurt Parfait or Assorted Cereals with additional grain choice	Bagel w/ Creamed Cheese or Assorted Cereals with additional grain choice	Dutch Waffle w/ Syrup or Assorted Cereals with additional grain choice	Ham Egg & Cheese on Croissant or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/29/24	4/30/24	5/1/24	5/2/24	5/3/24
Ham Egg & Cheese on Bagel or Assorted Cereals with additional grain choice	Breakfast Pizza or Assorted Cereals with additional grain choice	French Toast Sticks w/ Syrup or Assorted Cereals with additional grain choice	Waffles With Syrup or Assorted Cereals with additional grain choice	Sausage Egg & Cheese on Bagel or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
Mini Pancakes with Syrup or Assorted Cereals with additional grain choice	Yogurt Parfait w/ Toast & Spreads or Assorted Cereals with additional grain choice	Bagel with Creamed Cheese or Assorted Cereals with additional grain choice	Dutch Waffle with Syrup or Assorted Cereals with additional grain choice	Hame Egg & Cheese on Croissant or Assorted Cereals with additional grain choice
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

What is a Meal?

You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free
chocolate

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes



General Manager

Phone

Email

Fax

USDA is an equal opportunity provider and employer.