

Primary School Breakfast Menu April/May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
4/8/24 Mini Pancakes w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/9/24 Yogurt Parfait or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/10/24 Bagel w/ Creamed Cheese or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/11/24 Dutch Waffle w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/12/24 Ham Egg & Cheese on Croissant or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/15/24 Ham Egg & Cheese Bagel or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/16/24 Breakfast Pizza or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/17/24 French Toast Sticks w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/18/24 Waffles With Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/19/24 Sausage Egg & Cheese on Bagel or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/22/24 Mini Pancakes w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/23/24 Yogurt Parfait or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/24/24 Bagel w/ Creamed Cheese or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/25/24 Dutch Waffle w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/26/24 Ham Egg & Cheese on Croissant or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/29/24 Ham Egg & Cheese on Bagel or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4/30/24 Breakfast Pizza or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/1/24 French Toast Sticks w/ Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/2/24 Waffles With Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/3/24 Sausage Egg & Cheese on Bagel or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
5/6/24 Mini Pancakes with Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/7/24 Yogurt Parfait w/ Toast & Spreads or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/8/24 Bagel with Creamed Cheese or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/9/24 Dutch Waffle with Syrup or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5/10/24 Hame Egg & Cheese on Croissant or Assorted Cereals with additional grain choice Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

What is a Meal?
You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free chocolate

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes



General Manager

Phone

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