

**MAY
2021**



Metz
CULINARY MANAGEMENT

**Danville Area Middle School
Lunch Menu**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups
May Include:**

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - potatoes, corn, peas & lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections
May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Cheese or Pepperoni Pizza

Up For Grabs:

Select Salads with Dinner Roll
Assortment of Wraps
Grab & Go
Craveables



Lunch Prices
Student - **Free**
Adult \$3.75

General Manager- Bob Lauck
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USDA is an equal opportunity provider and employer.

Monday

3
French Toast Sticks
with Sausage Patties

Featured Veggies:
Tater Tots
Cucumber Slices
Choice of Fruit
Choice of Milk

10
Italian Cheese Dunkers
with dipping sauce



Featured Veggies:
Green Peas
Caesar Salad
Choice of Fruit
Choice of Milk

17
Spaghetti & Meatballs
Garlic Bread Stick

Featured Veggies:
Green Peas
Caesar Salad
Choice of Fruit
Choice of Milk

24
Southern BBQ Pulled Pork
On a Bun

Featured Veggies:
French Fries
Caesar Salad
Choice of Fruit
Choice of Milk

31
No School



Tuesday

4
Philly Cheese Steak
On a Roll

Featured Veggies:
Green Beans
French Fries
Choice of Fruit
Choice of Milk

11
Walking Tacos
Tortilla Chips

Featured Veggies:
Refried Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

18
Buffalo Chicken Fajitas
Tortilla Chips

Featured Veggies:
Lettuce & Tomato
Baked Beans
Choice of Fruit
Choice of Milk

25
Chicken & Cheese Quesadillas
On a Soft Tortilla

Featured Veggies:
Lettuce & Tomato
Baked Beans
Choice of Fruit
Choice of Milk

1
Twin Tacos
Tortilla Chips

**Virtual Student Meal
Distribution 9:00-9:45am
Middle School Bus Loop**

Featured Veggies:
Lettuce & Tomato
Refried Beans
Choice of Fruit
Choice of Milk

Wednesday

5
Cheesy Beefy Mac
Garlic Bread Stick



Featured Veggies:
Glazed Carrots
Italian Salad
Choice of Fruit
Choice of Milk

12
Grilled BBQ Chicken sandwich
On a Roll

Buffalo Mac & Cheese

Featured Veggies:
Curley Fries
Cucumber Salad
Choice of Fruit
Choice of Milk

19
Chicken & Gravy
Over a Biscuit

Featured Veggies:
Oven Fries
Baby Carrots
Choice of Fruit
Choice of Milk

26
Ham, Egg & Cheese Sandwich
Bagel

Featured Veggies:
Tater Tots
Cucumber Slices
Choice of Fruit
Choice of Milk

2
Italian Sausage & Peppers
On a Roll

Featured Veggies:
French Fries
Red & Green Pepper Strips
Choice of Fruit
Choice of Milk

Thursday

6
Asian Sesame Chicken
Over Rice

Featured Veggies:
Steamed Broccoli
Baby Carrots
Choice of Fruit
Choice of Milk

13
Penne Pasta & Meat Sauce
Garlic Bread Stick

Featured Veggies:
Steamed Broccoli
Baby Carrots
Choice of Fruit
Choice of Milk

20
Tater Tot Bowl w/ Beef or Chicken
with a Dinner Roll

Featured Veggies:
Tater Tots
Cheesy Broccoli
Choice of Fruit
Choice of Milk

27
Steak Gyo
On Flat Bread

Featured Veggies:
Baby Carrots
Steamed Corn
Choice of Fruit
Choice of Milk

3
Sweet & Sour Orange Chicken
Over Rice


Featured Veggies:
Steamed Broccoli
Baby Carrots
Choice of Fruit
Choice of Milk

Friday

7
Nacho Grande
Tortilla Chips

Featured Veggies:
Lettuce & Tomato
Chick Pea Salad
Choice of Fruit
Choice of Milk

14
Meatball & Cheese Sandwich
On a Bun



Featured Veggies:
French Fries
Green Beans
Choice of Fruit
Choice of Milk

21
Smothered Pierogies
Pretzel Stick

Featured Veggies:
Cherry Tomatoes
Green Beans
Choice of Fruit
Choice of Milk

28
Jacked Up Ironmen Fries
with a Dinner Roll

Featured Veggies:
Celery Sticks with Ranch
Cheesy Broccoli
Choice of Fruit
Choice of Milk

4
Grilled Cheese
Sandwich

Featured Veggies:
Tomato Soup
Green Beans
Choice of Fruit
Choice of Milk