

August  
2023



**Metz**  
CULINARY MANAGEMENT

**Danville High School  
Lunch Menu**

Monday

Tuesday

Wednesday

Thursday

Friday



**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups**

**May Include:**

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas & lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections**

**May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch at Home:**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Specialty Sandwich  
Cheese or Pepperoni Pizza

**Up For Grabs:**

Select Salads with Dinner Roll  
Assortment of Wraps  
Grab & Go  
Craveables



**Lunch Prices**

Students Reduced- \$0.40  
Students Paid- \$2.75  
Adult \$4.75

General Manager- Ariel Weidler

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Email- metz@danvillesd.org

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Monday	Tuesday	Wednesday	Thursday	Friday
			24 Chicken Alfredo  <b>Featured Veggies:</b> Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	25 Italian Dunkers  <b>Featured Veggies:</b> Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
28 Southern Style Chicken and Waffles  <b>Featured Veggies:</b> Steamed Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	29 Walking Tacos  <b>Featured Veggies:</b> Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	30 All American Hot Dog (Ketchup, mustard, relish, onion)  <b>Featured Veggies:</b> French Fries Fresh Vegetables Choice of Fruit Choice of Milk	31 Chicken, Bacon, & Cheese On a Pretzel Roll  <b>Featured Veggies:</b> Corn Fresh Vegetables Choice of Fruit Choice of Milk	1 Mac and Cheese  <b>Featured Veggies:</b> Peas and Carrots Fresh Vegetables Choice of Fruit Choice of Milk