

**MAY  
2022**



**Metz**  
CULINARY MANAGEMENT

**Danville High School  
Lunch Menu**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch. Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups**

**May Include:**

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas & lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections**

**May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch at Home:**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Specialty Sandwich  
Cheese or Pepperoni Pizza

**Up For Grabs:**

Select Salads with Dinner Roll  
Assortment of Wraps  
Grab & Go  
Craveables



Lunch Prices

Student-FREE

Adult \$4.00

General Manager- Ariel Weidler  
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**Monday**

**2**

French Toast Sticks with Sausage Links or Grilled Ham and Cheese Sandwich  
**Featured Veggies:** Tater Tots, Cucumber Slices, Choice of Fruit, Choice of Milk

**Tuesday**

**3**

Walking Tacos Tortilla Chips or Chicken Parmesan On a Bun  
**Featured Veggies:** Steamed Corn, Baby Carrots, Choice of Fruit, Choice of Milk

**Wednesday**

**4**

Tater Tot Casserole with a Dinner Roll or Chicken Nuggets with a Dinner Roll  
**Featured Veggies:** Cheesy Broccoli, Baked Beans, Choice of Fruit, Choice of Milk

**Thursday**

**5**

Chicken & Gravy Over a Biscuit or Pulled Pork Chimichurri On Flat Bread  
**Featured Veggies:** Curley Fries, Red Pepper Strips, Choice of Fruit, Choice of Milk

**Friday**

**6**

Cheesy Beefy Mac Garlic Bread Stick or Turkey Corn Dog Pretzel Stick  
**Featured Veggies:** Baby Carrots, Green Beans, Choice of Fruit, Choice of Milk

**9**

Salisbury Steak with a Dinner Roll or Pulled Pork BBQ On a Bun  
**Featured Veggies:** Buttered Noodles, Steamed Corn, Choice of Fruit, Choice of Milk

**10**

Steak & Cheese Gyro On Flatbread or Chicken Parmesan On a Roll  
**Featured Veggies:** French Fries, Red & Green Pepper Strips, Choice of Fruit, Choice of Milk

**11**

Spaghetti & Meat Sauce Garlic Bread Stick or Monte Cristo Sandwich on French Toast  
**Featured Veggies:** Green Beans, Caesar Salad, Choice of Fruit, Choice of Milk

**12**

General Tso Chicken Over Rice or Meatball & Cheese Hoagie On a Roll  
**Featured Veggies:** Chick Pea Salad, Fresh Steamed Broccoli, Choice of Fruit, Choice of Milk

**13**

Chicken Nachos On a Soft Tortilla or Italian Pizza Dunkers with Sauce  
**Featured Veggies:** Sliced Cucumbers, Roasted Zucchini, Choice of Fruit, Choice of Milk

**16**

Grilled Chicken Club Sandwich On a Roll or Turkey Corn Dog Pretzel Stick  
**Featured Veggies:** Lettuce & Tomato, Potato Wedges, Choice of Fruit, Choice of Milk

**17**

Walking Tacos Tortilla Chips or Grilled Ham and Cheese Sandwich  
**Featured Veggies:** Refried Beans, Lettuce & Tomato, Choice of Fruit, Choice of Milk

**18**

Popcorn Chicken Bowl with a Dinner Roll or BBQ Ribby On a Bun  
**Featured Veggies:** Mashed Potatoes, Steamed Corn, Choice of Fruit, Choice of Milk

**19**

Buffalo Chicken Macaroni & Cheese or Chicken Nuggets Pretzel Stick  
**Featured Veggies:** Glazed Baby Carrots, Cucurmer Slices, Choice of Fruit, Choice of Milk

**20**

Texas Toasted Cheese Sandwich or Turkey Corn Dog Pretzel Stick  
**Featured Veggies:** Mango Salsa, Steamed Broccoli, Choice of Fruit, Choice of Milk

**23**

Jacked Up Ironmen Fries Toppings or Hot Ham and Cheese On a Pretzel Roll  
**Featured Veggies:** Mixed Vegetables, Baby Carrots, Choice of Fruit, Choice of Milk

**24**

Nacho Grande Tortilla Chips or Grilled Chicken, Bacon Cheese On a Roll  
**Featured Veggies:** Refried Beans, Lettuce & Tomato, Choice of Fruit, Choice of Milk

**25**

Chicken & Waffle w/ Gravy Pretzel Stick or Egg, Ham & Cheese Croissant  
**Featured Veggies:** Cucurmer Salad, Tater Tots, Choice of Fruit, Choice of Milk

**26**

Penne Pasta & Meat Sauce Garlic Bread Stick or Chicken Cordon Blue On a Roll  
**Featured Veggies:** Roasted Zucchini, Chick Pea Salad, Choice of Fruit, Choice of Milk

**27**

Smothered Pierogies with a Dinner Roll or Chicken Parmesan On a Bun  
**Featured Veggies:** Caesar Salad, Sweet Potato Fries, Choice of Fruit, Choice of Milk

**30**



**31**

Twin Tacos Tortilla Chips or Monte Cristo Sandwich on French Toast  
**Featured Veggies:** Mexicala Corn, Celery Sticks, Choice of Fruit, Choice of Milk

**1**

Penne Pasta & Meatballs Garlic Bread Stick or Pulled Pork Chimichurri On Flat Bread  
**Featured Veggies:** Green Beans, Side Salad, Choice of Fruit, Choice of Milk

**2**

Loaded Tater Tot Bowl with a Dinner Roll or Buffalo Chicken Sandwich On a Roll  
**Featured Veggies:** Baby Carrots, Cheesy Broccoli, Choice of Fruit, Choice of Milk

**3**

Buffalo Chicken Dip Tortilla Chips or Chicken Nuggets with a Dinner Roll  
**Featured Veggies:** French Fries, Sliced Cucumbers, Choice of Fruit, Choice of Milk