

September
2023



Metz
CULINARY MANAGEMENT

**Danville High School
Lunch Menu**

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meal or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Specialty Sandwich
Cheese or Pepperoni Pizza

Up For Grabs:
Select Salads with Dinner Roll
Assortment of Wraps
Grab & Go
Craveables



Lunch Prices
Students Reduced- \$0.40
Students Paid- \$2.75
Adult \$4.75

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 Mac and Cheese Featured Veggies: Peas and Carrots Fresh Vegetables Choice of Fruit Choice of Milk
4 No School!	5 Chicken and Cheese Quesadilla Featured Veggies: Mexicala Corn Fresh Vegetables Choice of Fruit Choice of Milk	6 Chilli & Cheese Hot Dog On a Bun Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	7 Cheesesteak Featured Veggies: Roasted Zucchini & Squash Fresh Vegetables Choice of Fruit Choice of Milk	8 Smothered Pierogies w/ onions with a Dinner Roll Featured Veggies: Cheesy Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
11 Pulled Pork Corn on the Cob Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	12 Nacho Fries Featured Veggies: Cilantro Lime Slaw Fresh Vegetables Choice of Fruit Choice of Milk	13 New York Street Dog On a Bun Featured Veggies: Curley Fries Fresh Vegetables Choice of Fruit Choice of Milk	14 Meatball and Cheese Hoagie Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	15 Buffalo Chicken Dip Tortilla Chips Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk
18 Meatloaf Mashed Potatoes Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	19 Chicken Fajitas with Peppers and Onions Featured Veggies: with Mexican Rice Fresh Vegetables Choice of Fruit Choice of Milk	20 Spicy "Korean" Hot Dog on a Bun Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	21 Chicken Nuggets with a Dinner Roll Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	22 General Tso's Chicken Over Rice Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
25 French Toast Sticks with Sausage Link Featured Veggies: Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	26 Steak Burrito Bowl Featured Veggies: Corn & Black Beans Fresh Vegetables Choice of Fruit Choice of Milk	27 Corn Dog on a Stick Featured Veggies: French Fries Fresh Vegetables Choice of Fruit Choice of Milk	28 Act 80 Day	29 Bloomsburg Fair Day