

December
2023



Metz
CULINARY MANAGEMENT

**Danville Middle School
Lunch Menu**

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - potatoes, corn, peas & lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza

Up For Grabs:
Select Salads with Dinner Roll
Assortment of Wraps
Grab & Go
Craveables

Lunch Prices
Students Reduced- \$0.00
Students Paid- \$2.75
Adult \$4.75



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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Smothered Pierogies with a Dinner Roll or Chicken Parmesan On a Bun Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk
4 Sweet & Sour Popcorn Chicken Over Rice or Sloppy Joe (Hamburg BBQ) On a Bun Featured Veggies: Fresh Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	5 Twin Tacos Tortilla Chips or Monte Cristo Sandwich on French Toast Featured Veggies: Mexicala Corn Fresh Vegetables Choice of Fruit Choice of Milk	6 Tator Tot Caserole with a Dinner Roll or Pulled Pork Chimichurri On Flat Bread Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	7 Chicken & Waffle w/ Gravy or Cheeseburger On a Bun Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk	8 Buffalo Chicken Dip Tortilla Chips or Chicken Nuggets with a Dinner Roll Featured Veggies: Steamed Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk
11 Turkey, Cheese, & Bacon On a Pretzel Roll or Turkey Corn Dog Pretzel Stick Featured Veggies: Fries Fresh Vegetables Choice of Fruit Choice of Milk	12 Chicken & Cheese Quesadilla or Southern BBQ Pulled Pork On a Bun Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	13 Italian Sausage & Peppers On a Bun or Chicken Nuggets with a Dinner Roll Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	14 Meatloaf or Chicken, Bacon & Cheese On a Roll Featured Veggies: Mashed Potatoes Fresh Vegetables Choice of Fruit Choice of Milk	15 Macaroni & Cheese with a Dinner Roll or BBQ Ribby On a Bun Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk
18 French Toast Sticks with Sausage Links or Spicy Chicken Patty Sandwich Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	19 Walking Tacos Tortilla Chips or Chicken Parmesan On a Bun Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	20 Loaded Tator Tot Bowl with a Dinner Roll or Chicken Nuggets with a Dinner Roll Featured Veggies: Fresh Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	21 3 Hour Early Dismissal Cowboy Burger or Chicken & Cheese On Flat Bread Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk	22 
24	26	27	28	29
				