

February  
2024



**Metz**  
CULINARY MANAGEMENT

**Danville Middle School  
Lunch Menu**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups  
May Include:**

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - potatoes, corn, peas & lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections  
May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch at Home:**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Chicken Nuggets with Pretzel Stick  
Cheese or Pepperoni Pizza

**Up For Grabs:**

Select Salads with Dinner Roll  
Assortment of Wraps  
Grab & Go  
Craveables

**Lunch Prices**

Students Reduced- \$0.00  
Students Paid- \$2.75  
Adult \$4.75



Phone Number-(570)271-3268 ext.3101  
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**Monday**

Blank menu box for Monday.

**5**  
Salisbury Steak with a Dinner Roll or Pulled Pork BBQ On a Bun  
**Featured Veggies:**  
Steamed Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**12**  
Grilled BBQ Chicken Sandwich On a Roll or Turkey Corn Dog Pretzel Stick  
**Featured Veggies:**  
Steamed Broccoli  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**19**  
Chicken & Cheese Quesadilla or Southern BBQ Pulled Pork On a Bun  
**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**26**  
Sweet & Sour Popcorn Chicken Over Rice or Sloppy Joe (Hamburg BBQ) On a Bun  
**Featured Veggies:**  
Fresh Steamed Broccoli  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**Tuesday**

Blank menu box for Tuesday.

**6**  
Steak & Cheese Gyro On Flatbread or Chicken Parmesan On a Roll  
**Featured Veggies:**  
French Fries  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**13**  
Walking Tacos Tortilla Chips or Grilled Ham and Cheese on a Pretzel Bun  
**Featured Veggies:**  
Refried Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**20**  
Nacho Grande Tortilla Chips or Grilled Chicken, Bacon Cheese On a Roll  
**Featured Veggies:**  
Refried Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**27**  
Twin Tacos Tortilla Chips or Monte Cristo Sandwich on French Toast  
**Featured Veggies:**  
Mexicala Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**Wednesday**

Blank menu box for Wednesday.

**7**  
Spaghetti & Meat Sauce Garlic Bread Stick or Monte Cristo Sandwich on French Toast  
**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**14**  
Popcorn Chicken Bowl with a Dinner Roll or BBQ Ribby On a Bun  
**Featured Veggies:**  
Steamed Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**21**  
Hot Dog On a Bun or Egg, Ham & Cheese Croissant  
**Featured Veggies:**  
Cucumber Salad  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**28**  
Tator Tot Caserole with a Dinner Roll or Pulled Pork Chimichurri On Flat Bread  
**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**Thursday**

**1**  
Chicken & Waffle w/ Gravy or Cheeseburger On a Bun  
**Featured Veggies:**  
Glazed Baby Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**8**  
General Tso Chicken Over Rice or Meatball & Cheese Hoagie On a Roll  
**Featured Veggies:**  
Glazed Baby Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**15**  
Buffalo Chicken Flatbread or Chicken Nuggets Pretzel Stick  
**Featured Veggies:**  
Glazed Baby Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**22**  
Stuffed Shells Garlic Bread Stick or Chicken Cordon Blue On a Roll  
**Featured Veggies:**  
Roasted Zucchini  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**29**  
Chicken & Waffle w/ Gravy or Cheeseburger On a Bun  
**Featured Veggies:**  
Glazed Baby Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**Friday**

**2**  
Buffalo Chicken Dip Tortilla Chips or Chicken Nuggets with a Dinner Roll  
**Featured Veggies:**  
Steamed Mixed Veggies  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**9**  
Chicken Nachos On a Soft Tortilla or Italian Pizza Dunkers with Sauce  
**Featured Veggies:**  
Sweet Potato Fries  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**16**  
  
**Make up Day #1**

**23**  
Smothered Pierogies with a Dinner Roll or Chicken Parmesan On a Bun  
**Featured Veggies:**  
Peas  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**1**  
Buffalo Chicken Dip Tortilla Chips or Chicken Nuggets with a Dinner Roll  
**Featured Veggies:**  
Steamed Mixed Veggies  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk