

November
2023



Metz
CULINARY MANAGEMENT

**Danville Middle School
Lunch Menu**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups
May Include:**

Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections
May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza

Up For Grabs:

Select Salads with Dinner Roll
Assortment of Wraps
Grab & Go
Craveables

Lunch Prices

Students Reduced- \$0.00
Students Paid- \$2.75
Adult \$4.75



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Monday

1
Italian Sausage & Peppers
On a Bun
or
Chicken Nuggets
with a Dinner Roll
Featured Veggies:
Baked Beans
Fresh Vegetables
Choice of Fruit
Choice of Milk

6
French Toast Sticks
with Sausage Links
or
Spicy Chicken Patty
Sandwich
Featured Veggies:
Tater Tots
Fresh Vegetables
Choice of Fruit
Choice of Milk

13
Salisbury Steak
with a Dinner Roll
or
Pulled Pork BBQ
On a Bun
Featured Veggies:
Steamed Corn
Fresh Vegetables
Choice of Fruit
Choice of Milk

20
Grilled BBQ Chicken Sandwich
On a Roll
or
Turkey Corn Dog
Pretzel Stick
Featured Veggies:
Steamed Broccoli
Fresh Vegetables
Choice of Fruit
Choice of Milk

27


Tuesday

2
Meatloaf
or
Chicken, Bacon & Cheese
On a Roll
Featured Veggies:
Mashed Potatoes
Fresh Vegetables
Choice of Fruit
Choice of Milk

7
Walking Tacos
Tortilla Chips
or
Chicken Parmesan
On a Bun
Featured Veggies:
Steamed Corn
Fresh Vegetables
Choice of Fruit
Choice of Milk

14
Steak & Cheese Gyro
On Flatbread
or
Chicken Parmesan
On a Roll
Featured Veggies:
French Fries
Fresh Vegetables
Choice of Fruit
Choice of Milk

21
Walking Tacos
Tortilla Chips
or
Grilled Ham and Cheese
on a Pretzel Bun
Featured Veggies:
Refried Beans
Fresh Vegetables
Choice of Fruit
Choice of Milk

28
Nacho Grande
Tortilla Chips
or
Grilled Chicken, Bacon Cheese
On a Roll
Featured Veggies:
Refried Beans
Fresh Vegetables
Choice of Fruit
Choice of Milk

Wednesday

1
Italian Sausage & Peppers
On a Bun
or
Chicken Nuggets
with a Dinner Roll
Featured Veggies:
Baked Beans
Fresh Vegetables
Choice of Fruit
Choice of Milk

8
Loaded Tator Tot Bowl
with a Dinner Roll
or
Chicken Nuggets
with a Dinner Roll
Featured Veggies:
Fresh Steamed Broccoli
Fresh Vegetables
Choice of Fruit
Choice of Milk

15
Spaghetti & Meat Sauce
Garlic Bread Stick
or
Monte Cristo Sandwich
on French Toast
Featured Veggies:
Green Beans
Fresh Vegetables
Choice of Fruit
Choice of Milk


22


29
Hot Dog
On a Bun
or
Egg, Ham & Cheese Croissant
Featured Veggies:
Cucumber Salad
Fresh Vegetables
Choice of Fruit
Choice of Milk

Thursday

2
Meatloaf
or
Chicken, Bacon & Cheese
On a Roll
Featured Veggies:
Mashed Potatoes
Fresh Vegetables
Choice of Fruit
Choice of Milk

9
Cowboy Burger
or
Chicken & Cheese
On Flat Bread
Featured Veggies:
Peas
Fresh Vegetables
Choice of Fruit
Choice of Milk

16
Roasted Turkey 
with Gravy
Cranberry Sauce
Homemade Stuffing
with a Dinner Roll
Featured Veggies:
Mashed Potatoes
Steamed Corn
Choice of Fruit
Choice of Milk

23


30
Stuffed Shells
Garlic Bread Stick
or
Chicken Cordon Blue
On a Roll
Featured Veggies:
Roasted Zucchini
Fresh Vegetables
Choice of Fruit
Choice of Milk

Friday

3
Macaroni & Cheese
with a Dinner Roll
or
BBQ Ribby
On a Bun
Featured Veggies:
Glazed Baby Carrots
Fresh Vegetables
Choice of Fruit
Choice of Milk

10


17
Chicken Nachos
On a Soft Tortilla
or
Italian Pizza Dunkers
with Sauce
Featured Veggies:
Sweet Potato Fries
Fresh Vegetables
Choice of Fruit
Choice of Milk

24


1
Smothered Pierogies
with a Dinner Roll
or
Chicken Parmesan
On a Bun
Featured Veggies:
Peas
Fresh Vegetables
Choice of Fruit
Choice of Milk