

September  
2023



**Metz**  
CULINARY MANAGEMENT

**Danville Middle School  
Lunch Menu**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups  
May Include:**

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas & lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections  
May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch at Home:**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Chicken Nuggets with Pretzel Stick  
Cheese or Pepperoni Pizza

**Up For Grabs:**

Select Salads with Dinner Roll  
Assortment of Wraps  
Grab & Go  
Craveables




**Lunch Prices**

Students Reduced- \$0.40  
Students Paid- \$2.75  
Adult \$4.75



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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Texas Toasted Cheese Sandwich or Lasagna Rollups Garlic Bread Stick <b>Featured Veggies:</b> Steamed Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>4</p> 	<p>5</p> <p>Nacho Grande Tortilla Chips or Grilled Chicken, Bacon Cheese On a Roll <b>Featured Veggies:</b> Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>6</p> <p>Hot Dog On a Bun or Egg, Ham &amp; Cheese Croissant <b>Featured Veggies:</b> Cucumber Salad Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>7</p> <p>Stuffed Shells Garlic Bread Stick or Chicken Cordon Blue On a Roll <b>Featured Veggies:</b> Roasted Zucchini Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>8</p> <p>Smothered Pierogies with a Dinner Roll or Chicken Parmesan On a Bun <b>Featured Veggies:</b> Peas Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>11</p> <p>Sweet &amp; Sour Popcorn Chicken Over Rice or Sloppy Joe (Hamburg BBQ) On a Bun <b>Featured Veggies:</b> Fresh Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>12</p> <p>Twin Tacos Tortilla Chips or Monte Cristo Sandwich on French Toast <b>Featured Veggies:</b> Mexicala Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>13</p> <p>Tator Tot Caserole with a Dinner Roll or Pulled Pork Chimichurri On Flat Bread <b>Featured Veggies:</b> Green Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>14</p> <p>Chicken &amp; Waffle w/ Gravy  or Cheeseburger On a Bun <b>Featured Veggies:</b> Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>15</p> <p>Buffalo Chicken Dip Tortilla Chips or Chicken Nuggets with a Dinner Roll <b>Featured Veggies:</b> Steamed Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>18</p> <p>Turkey, Cheese, &amp; Bacon On a Pretzel Roll or Turkey Corn Dog Pretzel Stick <b>Featured Veggies:</b> Fries Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>19</p> <p>Chicken &amp; Cheese Quesadilla or Southern BBQ Pulled Pork On a Bun <b>Featured Veggies:</b> Green Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>20</p> <p>Italian Sausage &amp; Peppers On a Bun or Chicken Nuggets with a Dinner Roll <b>Featured Veggies:</b> Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>21</p> <p>Meatloaf  or Chicken, Bacon &amp; Cheese On a Roll <b>Featured Veggies:</b> Mashed Potatoes Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>22</p> <p>Macaroni &amp; Cheese with a Dinner Roll or BBQ Ribby On a Bun <b>Featured Veggies:</b> Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>25</p> <p>French Toast Sticks with Sausage Links or Spicy Chicken Patty Sandwich <b>Featured Veggies:</b> Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>26</p> <p>Walking Tacos Tortilla Chips or Chicken Parmesan On a Bun <b>Featured Veggies:</b> Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>27</p> <p>Loaded Tator Tot Bowl with a Dinner Roll or Chicken Nuggets with a Dinner Roll <b>Featured Veggies:</b> Fresh Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>28</p>  <p><b>Act 80 Day</b></p>	<p>29</p>  <p><b>Bloomsburg Fair Day!</b></p>