



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Mini Pancakes</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>4</p> <p>Bagel with Creamed Cheese</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>5</p> <p>Warm Glazed Donut</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>6</p> <p>Belgian Waffle</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>7</p> <p>Mini Waffles</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>What is a Meal?</p> <p>You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast)</p> <p>Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit</p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk</p> <p>1% white, fat-free white, and chocolate</p> <p>Assorted Muffins and Benefit Bars</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>10</p> <p>Mini Cinnamon Rolls</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>11</p> <p>Breakfast Pizza</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>12</p> <p>Pancake and Sausage on Stick</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>13</p> <p>No School</p>	<p>14</p> <p>No School</p>	
<p>17</p> <p>No School</p>	<p>18</p> <p>French Toast</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>19</p> <p>Dutch Waffle</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>20</p> <p>Breakfast Pizza</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>21</p> <p>Breakfast Burrito</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p>24</p> <p>Glazed Dunkin Sticks</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>25</p> <p>Breakfast Pizza</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>26</p> <p>Cinnamon Roll</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>27</p> <p>Mini French Toast with Syrup</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>28</p> <p>Mini Waffles</p> <p>Assorted Cereals or Cereal Bar with Graham Crackers</p>	

Nicole Pennypacker, Lead Cook
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Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.50





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Chicken Patty on a Bun</p> <p>FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies</p>	<p>4</p> <p>Mini Corn Dogs</p> <p>FEATURED VEGGIES Tater Tots Assorted Fresh Veggies</p>	<p>5</p> <p>Macaroni and Cheese</p> <p>FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies</p>	<p>6</p> <p>Sweet and Sour Chicken over Rice</p> <p>FEATURED VEGGIES Green Beans Assorted Fresh Veggies</p>	<p>7</p> <p>Pepperoni Pizza</p> <p>FEATURED VEGGIES Carrots Assorted Fresh Veggies</p>	<p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, and chocolate</p> <p>Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>10</p> <p>Chicken and Cheese Quesadillas</p> <p>FEATURED VEGGIES Broccoli Assorted Fresh Veggies</p>	<p>11</p> <p>Stuffed Shells with Garlic Bread Stick</p> <p>FEATURED VEGGIES Green Beans Assorted Fresh Veggies</p>	<p>12</p> <p>Pepperoni Stuffed Bread Stick</p> <p>FEATURED VEGGIES French Fries Assorted Fresh Veggies</p>	<p>13</p> <p>No School</p>	<p>14</p> <p>No School</p>	
<p>17</p> <p>No School</p>	<p>18</p> <p>Italian Dunkers</p> <p>FEATURED VEGGIES Tri-Tater Assorted Fresh Veggies</p>	<p>19</p> <p>Cheeseburger on Bun</p> <p>FEATURED VEGGIES French Fries Assorted Fresh Veggies</p>	<p>20</p> <p>Chicken Nuggets</p> <p>FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies</p>	<p>21</p> <p>Pizza</p> <p>FEATURED VEGGIES Green Beans Assorted Fresh Veggies</p>	
<p>24</p> <p>Perogies with Onions and Butter</p> <p>FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies</p>	<p>25</p> <p>Salisbury Steak over Buttered Noodles</p> <p>FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies</p>	<p>26</p> <p>Grilled Cheese on Texas Toast</p> <p>FEATURED VEGGIES Tomato Soup Assorted Fresh Veggies</p>	<p>27</p> <p>Pasta with Meat Sauce</p> <p>FEATURED VEGGIES Tossed Salad Assorted Fresh Veggies</p>	<p>28</p> <p>Pizza</p> <p>FEATURED VEGGIES Green Beans Assorted Fresh Veggies</p>	

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Meal Prices

Student Lunch	\$2.50
Reduced Lunch	\$0.00
Faculty Lunch	\$4.75

