



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
		1 	2 Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	3 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white and chocolate</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>						
6 Mini Cinnamon Rolls Assorted Cereals or Cereal Bar with Graham Crackers	7 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	8 Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	9 French Toast Strips with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	10 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers							
13 Mini Blueberry Glazed Donut Holes Assorted Cereals or Cereal Bar with Graham Crackers	14 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	15 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	16 Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	17 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers							
20 	21 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	22 Assorted Cereal Assorted Cereals or Cereal Bar with Graham Crackers	23 Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	24 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers							
27 Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	28 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	29 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	30 Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	31 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers							
<p>Donna Snyder, Lead Cook Sandra L. Robinson, General Manager 570-271-3268 ext. 2126 ma1125@metzcorp.com</p>			<p>Meal Prices</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 70%;">Student Breakfast</td> <td style="text-align: right;">\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td style="text-align: right;">\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td style="text-align: right;">\$2.50</td> </tr> </table>			Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.50
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
BRAVO! Daily Pizza Station					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
		1 	2 Grilled Ham and Cheese on Pretzel Roll FEATURED VEGGIES Sidewinder Fries Assorted Fresh Veggies	3 Chicken Potato Bowl FEATURED VEGGIES Baby Carrots Assorted Fresh Veggies	
BRAVO! Daily Pizza Station					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps
6 Italian Meatball Sandwich FEATURED VEGGIES Steamed Mixed Veggies Assorted Fresh Veggies	7 Tacos FEATURED VEGGIES Fresh Pico de Gallo Assorted Fresh Veggies	8 Cowboy Burger FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies	9 Chicken Alfredo over Pasta FEATURED VEGGIES Green Beans Assorted Fresh Veggies	10 Italian Dunkers FEATURED VEGGIES Side Salad Assorted Fresh Veggies	
BRAVO! Daily Pizza Station					
13 Cheeseburger Tater Tot Bowl FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies	14 Orange Chicken over Rice FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies	15 Boneless Wings with Garlic Knot Roll FEATURED VEGGIES Steamed Cauliflower Assorted Fresh Veggies	16 Mild Sausage Sandwich with Peppers and Onions FEATURED VEGGIES Steamed Peas Assorted Fresh Veggies	17 Buffalo Chicken Dip with Nacho Chips FEATURED VEGGIES Cole Slaw Assorted Fresh Veggies	
BRAVO! Daily Pizza Station					
20 	21 Beef Nacho Grande FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies	22 Hawaiian Pork Flatbread FEATURED VEGGIES Sweet Potato Fries Assorted Fresh Veggies	23 Hot Dog on Bun FEATURED VEGGIES BBQ Baked Beans Assorted Fresh Veggies	24 Salisbury Steak with Gravy and Buttered Noodles FEATURED VEGGIES Peas Assorted Fresh Veggies	
BRAVO! Daily Pizza Station					(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
27 Macaroni and Cheese FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies	28 Cheeseburger on Bun FEATURED VEGGIES French Fries Assorted Fresh Veggies	29 Chicken Nuggets on Bun FEATURED VEGGIES Celery and Carrots Assorted Fresh Veggies	30 Corn Dogs FEATURED VEGGIES Green Beans Assorted Fresh Veggies	31 Grilled Chicken Sandwich FEATURED VEGGIES Tater Tots Assorted Fresh Veggies	
Donna Snyder, Lead Cook Sandra L. Robinson, General Manager 570-271-3268 ext. 2126 ma1125@metzcorp.com			Meal Prices Student Lunch \$2.75 Reduced Lunch \$0.00 Faculty Lunch \$4.75		

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