

AUGUST 2023



DANVILLE AREA LIBERTY VALLEY LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

- Dark green** - spinach, broccoli, romaine and spring salad
- Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers
- Beans/Peas**
- Starchy** - white potatoes, corn, and lima beans
- Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:

- PB&J Uncrustable with Vegetable & Fruit Juice**
- Ham & Cheese Sandwich**
- Select Salads w/ roll**
- Yogurt Craveable w/ Goldfish Snack & String Cheese**

Menu Subject To Change



Lunch Prices

Student Reduced - \$0.40
 Student Paid- \$2.50
 Adult \$4.75

General Manager
 Ariel Cowperthwait

Phone Number
 570-271-3268 ext. 2126

Email
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			<p>24 Sweet & Sour Chicken Over Rice or Chicken Nuggets with a Dinner Roll Featured Veggies: Oven Fries Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>25 Pierogis Dinner Roll or Pepperoni Pizza Cheese Pizza Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>28 Stuffed Shells Garlic Bread Stick or Ham & Cheese On a Pretzel Roll Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>29 Chicken & Cheese Quesadilla or Mini (Turkey) Corn Dog Nuggets Pretzel Stick Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>30 Popcorn Chicken Bowl with a Dinner Roll or Cheeseburger On a Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>31 BBQ Pulled Pork On a Bun or Chicken Nuggets with a Dinner Roll Featured Veggies: Mixed Steamed Veggies Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>1 Breaded Fish Sticks Dinner Roll or Cheese Pizza Featured Veggies: Cheesy Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>