

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:
PB&J Uncrustable with Vegetable & Fruit Juice
Ham & Cheese Sandwich
Select Salads w/ roll
Yogurt Craveable w/ Goldfish Snack & String Cheese

Menu Subject To Change



Lunch Prices
Student Reduced - \$0.00
Student Paid- \$2.50
Adult \$4.75

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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Italian Meatballs & Cheese On a Roll or Stuffed Crust Cheese Pizza</p> <p>Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>4 Italian Dunkers Marinara Dipping Sauce or Turkey, Chesse & Bacon On a Pretzel Roll</p> <p>Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>5 Salisbury Steak with Gravy Over Noodles or Mini (Turkey) Corn Dog Nuggets Pretzel Stick</p> <p>Featured Veggies: Steamed Diced Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>6 Texas Toast Grilled Cheese or Cheeseburger On a Roll</p> <p>Featured Veggies: Tomato Soup Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>7 French Toast Sticks Sausage Links or Chicken Nuggets with a Dinner Roll</p> <p>Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>8 Fish Sandwich or Cheese Pizza</p> <p>Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>11 Pepperoni & Cheese Stuffed Breadstick or All Beef Hot Dog On a Roll</p> <p>Featured Veggies: Mixed Steamed Veggies Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>12 Walking Tacos Tortilla Chips or Mini (Turkey) Corn Dog Nuggets Pretzel Stick</p> <p>Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>13 Chicken & Waffle in Gravy with a Dinner Roll or Cheeseburger On a Roll</p> <p>Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>14 Penne Pasta & Meatballs Garlic Bread or Chicken Nuggets with a Dinner Roll</p> <p>Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>15 Chicken Cordon Blue with a Dinner Roll or Cheese Pizza</p> <p>Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk</p>
<p>18 Smothered Pierogis with a Dinner Roll or Chicken Patty On a Bun</p> <p>Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>19 Buffalo Chicken & Cheese On Flat Bread or Mini (Turkey) Corn Dog Nuggets Pretzel Stick</p> <p>Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>20 Chicken Alfredo Garlic Bread Stick or Cheeseburger On a Roll</p> <p>Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>21 3 Hour Early Dismissal Chef's Choice</p>	<p>22 </p>
25	26	27	28	29
				