

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:
PB&J Uncrustable with Vegetable & Fruit Juice
Ham & Cheese Sandwich
Select Salads w/ roll
Yogurt Craveable w/ Goldfish Snack & String Cheese



Menu Subject To Change



Lunch Prices
 Student Reduced - \$0.00
 Student Paid- \$2.50
 Adult \$4.75

General Manager
 Ariel Cowperthwait
Phone Number
 570-271-3268 ext. 2126
Email
metz@danvillesd.org

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> 	<p>2</p> 	<p>3</p> Popcorn Chicken Bowl with a Dinner Roll or Cheeseburger On a Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	<p>4</p> BBQ Pulled Pork On a Bun or Chicken Nuggets with a Dinner Roll Featured Veggies: Mixed Steamed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	<p>5</p> Breaded Fish Sticks Dinner Roll or Cheese Pizza Featured Veggies: Cheesy Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
<p>8</p> Walking Tacos Tortilla Chips or Chicken Patty On a Bun Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	<p>9</p> Philly Cheesesteak On a Roll or Mini (Turkey) Corn Dog Nuggets Pretzel Stick Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	<p>10</p> Chicken & Gravy Over a Biscuit or Cheeseburger On a Roll Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	<p>11</p> Penne Pasta & Meat Sauce Garlic Bread or Chicken Nuggets with a Dinner Roll Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	<p>12</p> Italian Meatballs & Cheese On a Roll or Stuffed Crust Cheese Pizza Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk
<p>15</p>  <p>MLK DAY!</p>	<p>16</p> Salisbury Steak with Gravy Over Noodles or Mini (Turkey) Corn Dog Nuggets Pretzel Stick Featured Veggies: Steamed Diced Carrots Fresh Vegetables Choice of Fruit Choice of Milk	<p>17</p> Texas Toast Grilled Cheese or Cheeseburger On a Roll Featured Veggies: Tomato Soup Fresh Vegetables Choice of Fruit Choice of Milk	<p>18</p> French Toast Sticks Sausage Links or Chicken Nuggets with a Dinner Roll Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	<p>19</p> Fish Sandwich or Cheese Pizza Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
<p>22</p> Pepperoni & Cheese Stuffed Breadstick or All Beef Hot Dog On a Roll Featured Veggies: Mixed Steamed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	<p>23</p> Walking Tacos Tortilla Chips or Mini (Turkey) Corn Dog Nuggets Pretzel Stick Featured Veggies: Refried Beans Fresh Vegetables Choice of Fruit Choice of Milk	<p>24</p> Chicken & Waffle in Gravy with a Dinner Roll or Cheeseburger On a Roll Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	<p>25</p> Penne Pasta & Meatballs Garlic Bread or Chicken Nuggets with a Dinner Roll Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	<p>26</p> Chicken Cordon Blue with a Dinner Roll or Cheese Pizza Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk
<p>29</p> Smothered Pierogis with a Dinner Roll or Chicken Patty On a Bun Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	<p>30</p> Buffalo Chicken & Cheese On Flat Bread or Mini (Turkey) Corn Dog Nuggets Pretzel Stick Featured Veggies: Glazed Baby Carrots Fresh Vegetables Choice of Fruit Choice of Milk	<p>31</p> Chicken Alfredo Garlic Bread Stick or Cheeseburger On a Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	<p>1</p> Ham, Egg & Cheese Sandwich Bagel or Chicken Nuggets with a Dinner Roll Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	<p>2</p> Lasagna Roll Up Garlic Bread or Pepperoni Pizza Cheese Pizza Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk