

May/June
2024



Metz
CULINARY MANAGEMENT


Danville Liberty Valley School

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options May Include:
PB&J w/ Vegetable & Fruit
Ham & Cheese Wrap
Yogurt Craveable w/ Goldfish Snack & String Cheese

Monday 5/13/2024	Tuesday 5/14/2024	Wednesday 5/15/2024	Thursday 5/16/2024	Friday 5/17/2024
Italian Pizza Dunkers Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit	Mini Corn Dogs w/ Pretzel Featured Veggies: Steamed Diced Carrots Fresh Vegetables Choice of Fruit	Macaroni & Cheesew/Brstk. Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Sweet & Sour Chix over Rice Featured Veggies: Oven Fries Fresh Vegetables Choice of Fruit Choice of Milk	Pepperoni or Cheese Pizza Featured Veggies: Peas Fresh Vegetables Choice of Fruit Choice of Milk
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Stuffed Shells w/ Brdstk. Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Chix & Cheese Quesadilla Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken Bowlw/Roll Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Nuggets w/ Roll Featured Veggies: Mixed Veggies Fresh Vegetables Choice of Fruit Choice of Milk	Cheese Pizza Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
Memorial Day 	Ham Egg & Cheese on Bagel Featured Veggies: Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Pierogies Featured Veggies: Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Pasta w/ Meat Sauce & Garlic Brd. Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	Stuffed Crust Cheese Pizza Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk
6/3/2024	6/4/2024	6/5/2024	6/6/2024	6/7/2024
Buffalo Chicken Wrap Featured Veggies: Corn Fresh Vegetables Choice of Fruit Choice of Milk	Last Day of School Cheeseburger Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk			
6/10/2024	6/11/2024	6/12/2024	6/13/2024	6/14/2024

USDA is an equal opportunity provider and employer.

Lunch Prices
Student \$2.50
Reduced \$.40
Adult \$4.75

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