



Meet Your Nutritious Friend:
Cran "Bogger"

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				1 Mini Cinnamon Rolls Assorted Cereals or Cereal Bar with Graham Crackers	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
4 Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	5 Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	6 Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	7 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	8 NO SCHOOL Assorted Cereals or Cereal Bar with Graham Crackers	<p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p>
11 Omelette Assorted Cereals or Cereal Bar with Graham Crackers	12 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	13 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	14 Mini Waffles Assorted Cereals or Cereal Bar with Graham Crackers	15 Oatmeal Chocolate Chip Bar Assorted Cereals or Cereal Bar with Graham Crackers	<p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p>
18 Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	19 Smoothies Assorted Cereals or Cereal Bar with Graham Crackers	20 Powdered Donuts Assorted Cereals or Cereal Bar with Graham Crackers	21 Cinnamon Rolls Assorted Cereals or Cereal Bar with Graham Crackers	22 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	<p>Choice of Milk 1% white, fat-free white and chocolate</p>
25 Banana Bread Assorted Cereals or Cereal Bar with Graham Crackers	26 Yogurt Parfait Assorted Cereals or Cereal Bar with Graham Crackers	27 THANKSGIVING BREAK NO SCHOOL	28 	29 THANKSGIVING BREAK NO SCHOOL	<p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p> <p>(VG) Vegan These items do not contain any animal products</p>

Julie Houseknecht – Lead Cook
Sandra L. Robinson, General Manager
570-271-3268 ext. 2126
ma1125@metzcorp.com


Meal Prices
Student Breakfast \$0.00
Reduced Breakfast \$0.00
Faculty Breakfast \$2.50



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



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Cran "Bogger"

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				Pizza FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies	1 What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk
4 Pepperoni and Cheese Stuffed Bread Stick FEATURED VEGGIES Diced Carrots Assorted Fresh Veggies	5 Walking Taco FEATURED VEGGIES Buttered Corn Assorted Fresh Veggies	6 Cheeseburger on Bun FEATURED VEGGIES French Fries Assorted Fresh Veggies	7 Chicken Nuggets with Dinner Roll FEATURED VEGGIES Tri-Tater Assorted Fresh Veggies	8 NO SCHOOL	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
11 Italian Dunkers FEATURED VEGGIES Mixed Veggies Assorted Fresh Veggies	12 Hot Ham and Cheese on a Pretzel Bun FEATURED VEGGIES Steamed Broccoli Assorted Fresh Veggies	13 Mini Corn Dogs with Pretzel Stick FEATURED VEGGIES French Fries Assorted Fresh Veggies	14 Salisbury Steak with Au Gratin Potatoes FEATURED VEGGIES Steamed Cauliflower Assorted Fresh Veggies	15 Pizza FEATURED VEGGIES Green Beans Assorted Fresh Veggies	Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white and chocolate
18 Pancakes with Sausage Patties FEATURED VEGGIES Tater Tots Assorted Fresh Veggies	19 Chicken Nuggets with Dinner Roll FEATURED VEGGIES Cheesy Broccoli Assorted Fresh Veggies	20 Pasta with Meat Sauce and Bread Stick FEATURED VEGGIES Steamed Corn Assorted Fresh Veggies	21 THANKSGIVING DINNER FEATURED VEGGIES Mashed Potatoes Buttered Season Corn	22 Pizza FEATURED VEGGIES Diced Carrots Assorted Fresh Veggies	Daily Alternates Craveables PB&J
25 Chicken Patty on Bun FEATURED VEGGIES Mexican Corn Assorted Fresh Veggies	26 Orange Glazed Chicken over Rice FEATURED VEGGIES Tater Tots Assorted Fresh Veggies	27 THANKSGIVING BREAK NO SCHOOL	28  28	29 THANKSGIVING BREAK NO SCHOOL	(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products

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Faculty Breakfast \$4.75



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