




Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Bagel with Creamed Cheese  Assorted Cereals or Cereal Bar with Graham Crackers	2 Warm Glazed Donut  Assorted Cereals or Cereal Bar with Graham Crackers	3 Belgian Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	4 Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (served with toast)</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, and chocolate</p> <p><b>Served Daily</b> Assorted Muffins and Benefit Bars</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
7 Mini Cinnamon Rolls  Assorted Cereals or Cereal Bar with Graham Crackers	8 Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	9 Scrambled Eggs with Toast  Assorted Cereals or Cereal Bar with Graham Crackers	10 Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	11 Breakfast Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	
14 Pancake and Sausage on a Stick  Assorted Cereals or Cereal Bar with Graham Crackers	15 French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	16 Belgian Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	17 Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	18 Breakfast Burrito  Assorted Cereals or Cereal Bar with Graham Crackers	
21 Glazed Dunkin Sticks  Assorted Cereals or Cereal Bar with Graham Crackers	22 Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	23 Cinnamon Roll  Assorted Cereals or Cereal Bar with Graham Crackers	24 Mini French Toast with Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	25 	
28 Mini Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	29 Bagel with Creamed Cheese  Assorted Cereals or Cereal Bar with Graham Crackers	30 Warm Glazed Donut  Assorted Cereals or Cereal Bar with Graham Crackers	31 Belgian Waffle  Assorted Cereals or Cereal Bar with Graham Crackers		


**Nicole Pennypacker, Lead Cook**  
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Meal Prices	
Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.50





**Meet Your Nutritious Friend:  
"Papa" Corn**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Mini Corn Dogs  <b>FEATURED VEGGIES</b> Steamed Corn Assorted Fresh Veggies	2 Macaroni and Cheese  <b>FEATURED VEGGIES</b> Steamed Broccoli Assorted Fresh Veggies	3 Sweet and Sour Chicken over Rice  <b>FEATURED VEGGIES</b> Green Beans Assorted Fresh Veggies	4 Pepperoni Pizza  <b>FEATURED VEGGIES</b> Carrots Assorted Fresh Veggies	<p><b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, and chocolate</p> <p><b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
7 Chicken and Cheese Quesadillas  <b>FEATURED VEGGIES</b> Broccoli Assorted Fresh Veggies	8 Stuffed Shells with Garlic Bread Stick  <b>FEATURED VEGGIES</b> Green Beans Assorted Fresh Veggies	9 Popcorn Chicken  <b>FEATURED VEGGIES</b> Mashed Potatoes Assorted Fresh Veggies	10 French Toast Sticks with Sausage Patties  <b>FEATURED VEGGIES</b> Tater Tots Assorted Fresh Veggies	11 Pizza  <b>FEATURED VEGGIES</b> Buttered Corn Assorted Fresh Veggies	
14 Walking Taco  <b>FEATURED VEGGIES</b> Salsa Assorted Fresh Veggies	15 Ham, Egg, and Cheese on Bagel  <b>FEATURED VEGGIES</b> Tri-Tater Assorted Fresh Veggies	16 Cheeseburger on Bun  <b>FEATURED VEGGIES</b> French Fries Assorted Fresh Veggies	17 Chicken Nuggets  <b>FEATURED VEGGIES</b> Steamed Broccoli Assorted Fresh Veggies	18 Stuffed Crust Pizza  <b>FEATURED VEGGIES</b> Green Beans Assorted Fresh Veggies	
21 Perogies with Onions and Butter  <b>FEATURED VEGGIES</b> Steamed Broccoli Assorted Fresh Veggies	22 Salisbury Steak over Buttered Noodles  <b>FEATURED VEGGIES</b> Steamed Corn Assorted Fresh Veggies	23 Grilled Cheese on Texas Toast  <b>FEATURED VEGGIES</b> Tomato Soup Assorted Fresh Veggies	24 Pasta with Meat Sauce  <b>FEATURED VEGGIES</b> Tossed Salad Assorted Fresh Veggies	25 	
28 Chicken Patty on Bun  <b>FEATURED VEGGIES</b> Tossed Salad Assorted Fresh Veggies	29 Nachos with Meat and Cheese  <b>FEATURED VEGGIES</b> Salsa Assorted Fresh Veggies	30 Philly Cheesesteak  <b>FEATURED VEGGIES</b> Curly Fries Assorted Fresh Veggies	31 Buffalo Chicken Wrap  <b>FEATURED VEGGIES</b> Corn Assorted Fresh Veggies		

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**Meal Prices**

Student Lunch	\$2.50
Reduced Lunch	\$0.00
Faculty Lunch	\$4.75



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.